

EVALUATIVE REPORT OF THE DEPARTMENT

1. Name of the Department & : Physical Education
its year of establishment 1988
2. Names of Programmes/Courses offered (UG, PG, M.Phil., Ph.D., Integrated Masters; Integrated Ph.D., etc.)

Sl. No.	Name of Programme	Subject	Year of affiliation	Sanctioned strength	Total Student strength (2011-12)	Remarks
1.	B.Sc.	Physical Education and Health & Sports	1988-99	50	130	I, II & III Year
2.	Ph.D.	Physical Education	2003	08	07	---

3. Interdisciplinary courses and departments involved

- In UG level, in Part IV interdisciplinary Course like Non-Major Elective in the final year as mandatory to all the students.

Interdisciplinary course		Departments involved	Name of the Course
UG Level	Non – Major Elective	Tamil	Art of Oratory

4. Annual/ Semester/Choice Based Credit System:

Semester pattern with Choice Based Credit System

5. Participation of the department in the courses offered by other departments:

- Our department participates in the courses offered by other departments by extending Skill Based Elective and Non-Major Elective at UG level.

Skill Based Courses – UG Level

- ❖ Fitness and Wellness I – VI

Non Major Elective courses – UG Level

- ❖ Yoga
- ❖ Health and Fitness Management

6. Number of teaching posts sanctioned and filled (Professors/Associate Professors/Asst. Professors)

AIDED SECTION

Post	Sanctioned	Filled
Associate Professors	-	04 (promoted)
Asst. Professors	05	01

SELF-FINANCE SECTION

Post	Sanctioned	Filled
Asst. Professors	01	01



7. Faculty profile with name, qualification, designation, specialisation (D.Sc./D.Litt./ Ph.D./M.Phil., etc.)

Sl. No.	Name	Qualification	Designation	Specialization	No. of Years of Experience	No. of Ph.D. students guided in the last 4 years	Remarks
Aided Section:							
1.	Dr.C.Robert Alexander	Ph.D.	Asso. Prof.	Anatomy & Physiology	26	Awarded 3 Doing 7	---
2.	Dr.N.Krishna Kumar	Ph.D.	Asso. Prof.	Psychology and Sociology	24	---	---
3.	Dr.A.Surendar	Ph.D.	Asso. Prof.	Exercise Physiology	24	3	---
4.	Dr.M.S.Muthu ramalingam	Ph.D.	Asso. Prof.	Science of sports training and Yoga	21	--	---
5.	Dr.M.Madan Mohan	Ph.D.	Asst. Prof.	Foundation of physical education and sports	08	--	---
Self – Finance Section:							
6.	Mr.Anandhakumar	M.Phil.	Asst. Prof.	Methods in physical education	01	-	Doing Ph.D.

8. Percentage of classes taken by temporary faculty – programme-wise information

Sl. No.	Programmes	Morning session
1.	UG	16

9. Programme-wise Student Teacher Ratio

Sl. No.	Name of the programme	Student teacher ratio
1.	UG	23 : 1

10. Number of academic support staff (technical) and administrative staff: sanctioned and filled

Sl. No.	Staff	Sanctioned	Filled
1.	Administration	04	04

11. Number of faculty with ongoing projects from a) national b) international funding agencies and c) Total grants received. Mention names of funding agencies and grants received project-wise : -----

12. Departmental projects funded by DST-FIST; DBT, ICSSR, etc.; total grants received : -----

13. Research facility / centre with

• **State recognition**

- The Staff Members Provide Research facility by guiding Ph.D. Scholars in the department affiliated to Bharathidasan University, Tiruchirappalli.
- Research advisors are members of doctoral committees of other colleges and in the affiliated universities.



• **National and International recognition**

- c. The staff members presented research papers in National and International Seminars/Conferences and published research articles in national journals.

14. Publications:

- * **Number of papers published in peer reviewed journals (national/international)**

Sl. No.	Year of Publication	No. of papers Published	
		National	International
1.	2007 – 2008	02	04
2.	2008 – 2009	02	02
3.	2010 – 2011	04	--

- * Monographs : Nil
- * Chapter(s) in Books : Nil
- * Editing Books : Nil
- * Books with ISBN numbers with details of publishers : Nil
- * Number listed in International Database (For e.g. Web of Science, Scopus, Humanities International Complete, Dare Database - International Social Sciences Directory, EBSCO host, etc.) : Nil
- * Citation Index – range / average : Nil
- * SNIP : Nil
- * SJR : Nil
- * Impact factor – range / average : Nil
- * h-index : Nil

15. Details of patents and income generated : Nil

16. Areas of consultancy and income generated:

Free coaching for school students

17. Faculty recharging strategies

Staff members have undergone **Orientation, Refresher Courses**, attended seminars and presented papers.

Orientation / Refresher Courses

Sl. No.	Year	Number of staff attended	
		Orientation	Refresher
1.	2008 – 2009	-	01
2.	2010 – 2011	01	-
3.	2011 – 2012	01	01



Papers presented and Seminars Attended

Sl. No.	Year	No. of Papers Presented			Seminars Attended
		State	National	International	
1.	2007 – 2008	02	09	02	05
2.	2008 – 2009	-	07	02	05
3.	2009 – 2010	01	10	01	--
4.	2010 – 2011	-	04	-	03
5.	2011 – 2012	-	04	-	--

18. Student projects

- percentage of students who have done in-house projects including inter-department: Nil
- percentage of students doing projects in collaboration with industries / institutes : Nil

19. Awards / recognitions received at the national and international level by

- Faculty – Awards:**
 - Dr.M.S.Muthuramalingam, **National Referee** for Handball game from 2011 – 2012 and **International Technical Delicate IHF ASIAN** Intercontinental Challenge Trophy men handball at Chennai from Jan. 2011.
- Doctoral / post doctoral fellows : ----**
- Students:**

Sl. No.	Name	Year	Course	Team
1.	M.Ramachandran	2008 – 09	III B.Sc. Phy. Edn.	Represented Tamil Nadu state Hand ball team
2.	B. Seyed Ali	2010 – 11	I B.Sc. Phy. Edn.	Represented Tamil Nadu state Hand ball team
3.	G.Sudalaimani	2011-2012	II B.Sc. Phy. Edn.	Represented Tamil Nadu state Hand ball team
4.	E.Moses Mohan raj	2011-2012	II B.Sc. Phy. Edn.	Represented Tamil Nadu state Hand ball team
5.	K.Loordhu Regina	2011-2012	I & II B.Sc. Phy. Edn.	Represented Tamil Nadu state Hand ball team
6.	D. Suganya	2011-2012	III B.Sc. Phy. Edn.	Represented Tamil Nadu state Hand ball team
7.	B.Bama	2011-2012	II B.Sc. Phy. Edn.	Represented Tamil Nadu state Hand ball team
8.	K.Veeramani	2011-2012	II B.Sc. Phy. Edn.	Represented Tamil Nadu state Athletics team
9.	S.Arul Mary	2011-2012	II B.Sc. Phy. Edn.	Represented Tamil Nadu state Kabbadi team
10.	R.Suganya	2011-2012	I B.Sc. Phy. Edn.	Represented Tamil Nadu state Kabbadi team



20. Seminars/ Conferences/Workshops organized and the source of funding (national / international) with details of outstanding participants, if any : -----

21. Student profile course-wise:

UG Programmes

Year of study	Applications received	Selected		Pass percentage	
		Male	Female	Male	Female
2007-08	32	26	-	99	-
2008-09	41	21	09	86	-
2009-10	50	40	08	100	-
2010-11	52	36	10	91	98
2011-12	57	23	12	92	97

Ph.D. Programmes

Doing		Awarded before the assessment period		Awarded during the assessment period	
Male	Female	Male	Female	Male	Female
06	01	-	-	03	-

22. Diversity of students

Name of the Course (refer question no. 2)	% of students from the College	% of students from the State	% of students from other States	% of students from other countries
B.Sc.	---	100	---	---
Ph.D.	25	50	--	25

23. How many students have cleared Civil Services, Defence Services, NET, SLET, GATE and any other competitive examinations? :

Sl. No.	Name of the Examination	No. of Students
1.	Police Service Commission Examination	27

24. Student progression

Student progression	Percentage against enrolled
UG to PG	85
PG to M.Phil.	--
PG to Ph.D.	--
Ph.D. to Post-Doctoral	--
Employed	
• Campus selection	--
• Other than campus recruitment	10
Entrepreneurs	15

25. Diversity of staff

Percentage of faculty who are graduates	
of the same parent university	50
from other universities within the State	34
from other universities from other States	16

26. Number of faculty who were awarded Ph.D., D.Sc. and D.Litt. during the assessment period:

Sl. No.	Year of completion	No. of Ph.D. awarded	
		Faculty	Others
1.	2008 – 2009	-	01
2.	2009 – 2010	-	04
3.	2011 – 2012	02	03

27. Present details about infrastructural facilities

- a) Library : General Library : 360 books
- b) Internet facilities for staff and students : Internet facility is available in the department for staff and students.
- c) Total number of class rooms : 03
- d) Class rooms with ICT facility : ---
- e) Students' laboratories : Ground
- f) Research laboratories : ---

28. Number of students of the department getting financial assistance from College.

Year	UG	
	Management Financial Assistance	Government Financial Assistance
2007-08	7	65
2008-09	31	76
2009-10	25	121
2010-11	38	115
2011-12	15	110

29. Was any need assessment exercise undertaken before the development of new program(s)? If so, give the methodology :

Yes, the need assessment exercise is undertaken before the development of new programmes. By analyzing the need base and analogically comparing it with neighbouring colleges, the new programmes are planned and developed.



30. Does the department obtain feedback from

- a) **Faculty on curriculum as well as teaching-learning-evaluation? If yes, how does the department utilize it?**
- Senior faculty members based on their teaching and evaluation experience give their feedback while serving as members of Board of Studies.
 - Faculty members from other institutions give their feedback during valuation.
- b) **Students on staff, curriculum as well as teaching-learning-evaluation and what is the response of the department to the same?**
- Students’ feedback on staff received after every semester is taken into consideration and remedial measures are taken immediately by the Principal through IQAC and Senior staff members.
 - Students’ feedback on curriculum received from outgoing students is taken into consideration while framing and revising the syllabus.
 - Students’ representation is there in Board of Studies to elicit their points of view.
- c) **Alumni and employers on the programmes and what is the response of the department to the same?**
- Feedback from Alumni and employers on the programmes, received during Alumni meets and Employers’ interaction are taken into consideration while framing and revising the syllabus.
 - Representation of Alumni and employers is there in Board of Studies for getting their valuable suggestions.

31. List the distinguished alumni of the department (maximum 10)

SL. No.	Name of the Alumni	Designation	Place
1.	Mr.R.Ramesh	International Referee for Basket ball Game	Bangalore
2.	Dr.S.Saraboji	Principal	Kodi Ramamoorthy College of Physical Education, Vizag, AP.
3.	Mr. Anbuchelvan	Inspector of Police	Trichy
4.	Mr. Thennarasu	Sub Inspector of Police	Tiruppur
5.	Mr. Balaji	Sub Inspector of Police	Ariyalur
6.	Dr.Mariyah	Director of Physical Education	Tamil University, Thanjavur
7.	Dr. Prasath	Physical Director	Govt. Hr. Sec. School, Ramnad.
8.	Dr. A. Amudhan	Assistant Professor	Maruthi College of Physical Education, Coimbatore
9.	Dr.Swaminathan	Assistant Professor	Maruthi College of Physical Education, Coimbatore
10.	Dr.Palanivel	Teacher of Physical Education	Raja’s Hr. Sec. School, Thanjavur



32. Give details of student enrichment programmes (special lectures/ workshops / seminar) with external experts.

S. No.	Year	Title of the Topic	Name of the Expert
1.	2007-2008	Workshop on Techniques and tactics of Hand Ball	A.Saravanan, Indian Referee Board, Convenor, Chennai
2.	2008-2009	Workshop on Athletics – Rules and regulations	Mr. Valsan, IOC Technical Committee, Member, Chennai
4.	2010-2011	Workshop on Yoga	Dr. Viswanathan, Annamalai University
5.	2011-2012	Workshop on Hand Ball - Rules and regulations	M. Karthikeyan, Head Coach, Pondicherry
6.	2012-2013	Workshop on jpahdKk; kUj;Jtk;	Dr. G. Karthikeyan, Diabetologist, M.Medical Heart Care Hospital, Thanjavur

33. List the teaching methods adopted by the faculty for different programmes.

Sl. No.	Programme	Teaching Methods Adopted	
		Theory	Practical
1.	UG	Chalk and talk method, Class room interactions, seminars, supply of study materials.	Demonstration method. Part by part method. Part by whole method.

34. How does the department ensure that programme objectives are constantly met and learning outcomes monitored?

- a) Assessment of students through CIA helps to improve the attendance and performance of students.
- b) Analysis of mid-semester, end-semester and semester results are useful to take corrective measures regarding the studies of students.
- c) The tutorial system helps to improve the interaction between the students and teachers, between parents and teachers and between students and parents.
- d) The feedbacks from current students and outgoing students are utilized to offer suggestions to the teaching staff to improve their Quality of teaching.

35. Highlight the participation of students and faculty in extension activities.

Participation in Extension Activities is mandatory for all UG students as **Part-V** of studies. In Extension Activities we offer NSS, NCC, YRC, etc.

Officiating various games in the inter-school and inter collegiate competitions.

Participation of faculty in Extension Activities

Sl. No.	Name of the Faculty	Name of the Extension activity	Period
i.	Dr.M.S.Muthu Ramalingam	Manager and Coach, Bharathidasan University and Tamilnadu State Hand ball team Training programme	2008 – 2012
ii.	Dr.C.Robert Alexander	Training programme Thanjavur District physical education teachers	2011-2012

36. Give details of “beyond syllabus scholarly activities” of the department.

- i. Coaching for all the games to the School students.
- ii. Coaching to rural pupils

37. State whether the programme/ department is accredited/ graded by other agencies. Give details : Nil

38. Detail any five Strengths, Weaknesses, Opportunities and Challenges (SWOC) of the department

Strengths:

- i. Physical Activities that can help the students to live better life.
- ii. Physical Education for health and fitness
- iii. Physical Education for moral development
- iv. Physical Education for values education
- v. Physical Education for citizenship education
- vi. Physical Education for aesthetic education

Weaknesses:

- i. Instructions are not presented clearly
- ii. Equipment is not readily available
- iii. Rural base pupil – Devoid of awareness.
- iv. Pupils are unable to perform the activity
- v. Pupils spend too much time waiting
- vi. Groups are too large for maximum participation and activity.

Opportunities:

- i. Job opportunity in teaching and coaching.
- ii. In Military, Police and fire service.
- iii. Can start fitness centers.

Challenges:

- i. Coming from distant places
- ii. Attending morning activities



39. Future plans of the department.

To start Master's Degree programme.

Achievements of the Department:

- ☞ The department of Physical Education of our Institution is the **first of its kind** in the country which has started B.Sc. (Physical Education and Sports Science) as under graduate programme approved by UGC, New Delhi.
- ☞ The department has a consistent track record of **gold medal winners** in Tamilnadu inter physical education sports and games events supported by the Government of Tamilnadu.
- ☞ Our department has been nominated by the Government of Tamilnadu to organize
 - i. State-level Junior Athletic meets for consecutive years 1994 and 1996.
 - ii. State-level Hand-ball tournament for the year 2012 (on student secured silver medal)
 - iii. State-level inter physical education tournament for the year 2004.
- ☞ The department of Physical Education has been recognized as “Research Centre” by the Bharathidasan University, Tiruchirappalli to pursue research in the department though it is an Under Graduate one.

